

CSUF Resources to Support Students

[Counseling & Psychological Services \(CAPS\) Website](#) - [Contact CAPS](#)

Services:

- Short-term individual counseling
- Group therapy & workshops
- Same-day crisis support
- Referrals to other health care providers

[Care Services Website](#) - [Contact Care Services \(Through Dean of Students\)](#)

Services:

- Non-clinical case management for students who experience academic, emotional, physical, or mental health-related distress
- Info and referrals related to support services or campus departments
- Faculty notification should students miss class due to hospitalization

[Titan Hub Website](#) - [Contact Titan Hub](#)

Services:

- Assists with questions related to Admissions, Financial Aid, Student Business Services, Scholarships, Registrar, and Dean of Students
- Centralized space that connects students with a group of friendly and supportive campus information specialists
- Refers students to other campus services and centers where students can get involved, enhance their experience, and build community

[Academic Advising Website](#) - [Find My Advisor](#)

Services:

- Academic or career planning and goal setting
- Majors, minors, withdraws, navigating academic and/or personal challenges