Let’s Get Financially Fit
Understanding your relationship with money is an important part of your financial and overall wellness. Learn what impacts our financial well-being and our relationship with money and how to build and maintain healthy money management practices!

Get Fresh with CalFresh
CalFresh is a food assistance program that can help students and households purchase more nutritious, healthy foods. Learn more about this benefit and how you can apply.

Smart Shopping
Going over budget when shopping for groceries can be easy. Join Basic Needs staff to learn about ways to make grocery shopping less stressful and more budget friendly.

Basic Needs Ambassador Seminar
This seminar examines current trends related to basic needs insecurity issues facing college students, how Titans can support their peers, and learn about available on and off campus resources for support.

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Fresh Facts with CalFresh
Ever hesitated to apply for CalFresh? Join Basic Needs staff in breaking down CalFresh myths. We’ll examine food insecurity, demystify common myths surrounding CalFresh, and discuss how CalFresh can benefit you and other CSUF students!

CalFresh Outreach and Enrollment Day
During this two-part event, students can complete CalFresh applications with Basic Needs staff on March 14th, and be interviewed with County of Orange Social Services Agency on March 16th if potentially eligible for CalFresh benefits. Students must apply on March 14th to interview on March 16th. Walk-ins are accepted both days.

Phone: (657) 278-3583
Email: basicneeds@fullerton.edu
Center Hours: Mon-Fri 8am -5pm
Location: McCarthy Hall 143

Website
Want to learn more about Basic Needs Services? Check out our website basicneeds.fullerton.edu

Social Media
Follow us @basicneedscsuf

Interested in our programs?
Scan the QR Code to see our programs. Sign up via TitanLink!