



# Workshop Listing & Descriptions

## Workshops Offered

- Building a Portfolio
- Collaborating with Challenging People
- Communication and Conflict
- Leadership in Action for Social Change
- Leadership Potential, Styles and Relationships
- Motivating Yourself and Others
- Walking in Another's Shoes

## Track

Leadership  
Leadership/Diversity  
Leadership  
Social Justice  
Leadership  
Leadership  
Diversity/Social Justice

**Building a Portfolio:** Showcase your accomplishments and skills by building a portfolio that demonstrates all you can do. This session will help individuals think about “what’s next”.

**Collaborating with Challenging People:** How can you manage difficult relationships? This workshop will introduce you to strategies for handling challenging and difficult people. You will also learn ways to establish constructive and positive relationships with challenging people in order to develop positive personal and professional relationships.

**Communication and Conflict:** Participants will walk away feeling more able to express themselves, weather the storm of conflict, and work collaboratively with their peers. This workshop will focus on the types of communicators you will encounter, the three rules of powerful communicators, handling the heat of conflict, conflict avoidance, and saying it right, saying it now.

**“Leadership in Action for Social Change”; Viewing and dialogue “Unprecedented: The Presidential Election of 2000:** This riveting documentary examines the most controversial presidential election in history- the (s) election of George W. Bush in November 2000. Following the screening of *Unprecedented: The Presidential Election of 2000*, the directors, Richard Ray Perez and Joan Sekler, faculty, staff, and students, will lead a dialogue. The dialogue session will focus on civic engagement-turning volunteer hours into votes, how to change the political system, and how to mobilize students to become more socially and politically active in their school, community, and country.

**Leadership Potential and Styles:** What type of leader are you? What type of leader do you want to be? How do you want to effect change? This workshop will help you develop a better understanding of your leadership potential, what leadership means to you, your leadership style, and how you want to lead others.

**Motivating Yourself and Others:** This workshop will help you develop a better understanding of your own self motivation and explore what motivates you. You will also learn how to foster change in your life for personal growth and how to motivate and help others for their personal growth and change.

**Walking In Another's Shoes:** Break out of your comfort zone and confront commonly held stereotypes. You will be challenged to think about the benefits of diversity in your everyday life. By walking in another's shoes you will gain a greater awareness and respect for multiculturalism and social justice.