

GRADUATE STUDENT NEWSLETTER

CSUF Office of Graduate Studies

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MESSAGE FROM CSUF GRADUATE STUDIES

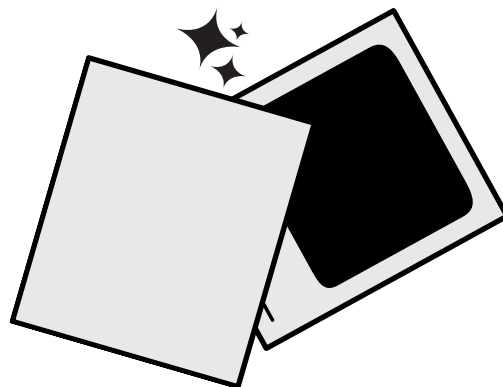
Hello, Titans!

Midterms are quickly approaching! As you all prepare for a busy exam season, be intentional about finding time to decompress and recharge. Whether that's scheduling time to catch up with a friend, cooking yourself a nice meal, or anything else that brings you joy, these acts of self-care can go a long way in supporting your well-being. Best of luck as you prepare for midterms and don't hesitate to reach out to your professors, faculty advisors, and Office of Graduate Studies staff if you ever need any support.

PROFESSIONAL HEADSHOTS BY CSUF AA-IT

Need help putting your best foot forward? Stop by the free professional headshot sessions in the CEDA area on the PLN 2nd floor! Please bring your TitanCard or have your CWID available to take your photo. Each person may take 3 photos per turn. First come, first served.

- Tuesday, October 22 from 1pm-3pm
- Wednesday, November 6 from 10am-12pm
- Tuesday, November 19 from 4pm-6pm
- Monday, December 2 from 2pm-4pm
- Thursday, December 12 from 10am-12pm



CSUF BALLOT BOWL ELECTION REMINDER

Election day is November 5th! Make your voice heard by voting in this year's election! Learn more about the election and how to vote at the vote center in the Titan Student Union at fullerton.edu/election.



Cal State **Fullerton**.

**BALLOT
BOWL**

**The 2024
presidential
election is
coming up!**

Have questions about voter
registration or voting?

Go Titans!
#TitansTurnOut2024

Learn more at fullerton.edu/election



UPCOMING DEADLINES

Thesis/Dissertation

Deadlines:

- Fall 2024: November 15, 2024

Withdrawal Deadlines:

- Non-medical withdrawals w/ a “W” notation on transcript: November 15, 2024
- Medical withdrawals: December 6, 2024

CONTACT US

Follow us on our social media pages to stay in the know!



Instagram: [@csufrgradstudies](https://www.instagram.com/csufrgradstudies)



YouTube: [@csufrgradstudies7586](https://www.youtube.com/csufrgradstudies7586)



If you have any questions or concerns, reach out at: gradstudiesrecept@fullerton.edu.



GRADUATE STUDIES CENTER HOURS AND SERVICES

Come visit us in PLN-121! We are open:

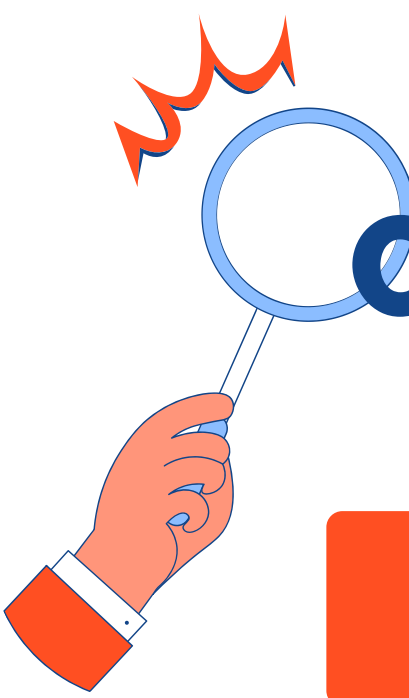
Monday - Thursday, 10am-7pm

Friday, 10am-5pm

Remember you can stash your food in our kitchen area, bring your study group to our open study space, or **reserve our private study room.**



CSUF graduate students can book free one-on-one writing appointments **online on our website.** Appointments during midterms and finals periods are usually in high demand so don't wait to start working on your writing projects!



RESUME AND COVER LETTER WORKSHOP



PRESENTED BY THE GRADUATE STUDIES CENTER AND THE CAREER CENTER

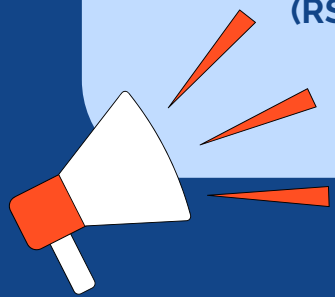
Thinking about applying to jobs after graduate school? Is your resume in need of polishing? Need strategies for crafting a strong cover letter?

Come to our Resume and Cover Letter workshop!

Thursday, October 24th from 2-3pm
Pollak Library North (PLN) 121

RSVP using the QR code or at the link here: <https://bit.ly/3TXLLNY>

(RSVP is not required to attend the workshop though it is highly recommended)



GRADS AND GHOULS MOVIE WEEK

JOIN US FOR A FRIGHTFULLY FUN TIME AT THE GRADUATE STUDIES CENTER IN PLN 121! MOVIES WILL BEGIN AT 11:30AM AND RUN UNTIL APPROX. 5:30PM EACH DAY. WE WILL HAVE PLENTY OF TREATS (AND PERHAPS SOME TRICKS) FOR YOU TO ENJOY!

QUESTIONS? REACH OUT AT GSC@FULLERTON.EDU

MONDAY, OCT. 28

HALLOWEENTOWN
HALLOWEENTOWN 2: KALABAR'S REVENGE
HALLOWEENTOWN HIGH

TUESDAY, OCT. 29

HAUNTED MANSION (2003)
HAUNTED MANSION (2023)
MUPPETS HAUNTED MANSION

WEDNESDAY, OCT. 30

HOCUS POCUS
HOCUS POCUS 2
MONSTER'S INC

THURSDAY, OCT. 31

NIGHTMARE BEFORE CHRISTMAS
FRANKENWEENIE
COCO





● *Graduate Studies Center x
Basic Needs Present*

Let's Get Financially Fit

Join us on Zoom to learn more about financial literacy and wellness, what impacts financial well-being, and tips on how to start building healthy money management practices to strengthen your financial wellness!



Date:

November 6
2024



Time:

3-4pm

Pacific Standard Time



Zoom Meeting ID: 889 3362 5175

**Links: fullerton.zoom.us/j/88933625175
or use the QR code to join!**

Questions?

Reach out to GSC staff at
gsc@fullerton.edu

GSC
— at **CSUF**
Graduate Studies Center

GSC x CAPS Present

Navigating Stress During Midterms

November 7th from 3-4pm
Graduate Studies Center (PLN-121)

Join us for a workshop on
how to manage your stress.

Learn more about how to
identify your stressors and
develop wellness strategies
to support you as we enter
the second half of the
semester!

Questions? Reach out at
gsc@fullerton.edu



Graduate Student Support Group

Facilitated by: Dr. Annie Petrossian

This group is a low-pressure, friendly, and supportive space for graduate students to decompress, share their experiences, problem solve, and take some time for themselves.



Scan to join zoom
Meeting ID: 886 6972 2076

Wednesdays

September 18 - December 11*

*No Group November 27th

3-4PM

Group meetings are drop in
No rsvp required