PA’LANTE FACULTY MENTOR WORKSHOPS

Latinx Graduate Students: A Strength-based Perspective
Olga L. Mejía, PhD., Department of Counseling

In this workshop the presenter will focus on integrating Latinx cultural values as strengths/protective factors into mentoring relationships with Latinx graduate students. Presenter will highlight the acculturative stressors experienced by Latinx graduate students, above and beyond the stress experienced in graduate school and including stress resulting from intersecting identities. Further, attendees will learn about acculturation and ethnic identity models. Lastly, effective mentoring also entails mentors knowing their own culture and its impact on mentoring style.

Strengthening Intercultural Relationships
Leah Brew, PhD., Department of Counseling

In this workshop, the presenter will briefly define the constructs of intersectionality and identity. The presenter will offer strategies for identifying similarities and addressing differences in intersecting identities between mentors and mentees. Participants will have an opportunity to explore their own boundaries around self-disclosure and their own strengths and areas for growth regarding diversity awareness and sensitivity. The presenter will facilitate role plays so that participants can practice the skills of: initiating conversations about identity; providing support to mentees; and engaging in relationship repairs to strengthen the mentor-mentee relationship. More than half of this workshop will involve discussion and role play.

*Each workshop is worth 1.5 credits towards the new FDC INCLUSIVE certificate on diversity and inclusion in teaching.