All Youth

CAMFAM Youth Programs
Join us for the summer by participating in any of our activities with your family. The summer program is designed to let each student choose activities that are aligned with their interests. TCF programs are open to all 1st to 12th graders unless specified otherwise. All programs and activities are subject to change.

CAMFAM Tutoring Sessions
Dates: Every Wednesday in July only  
Time: 1:00 – 2:00pm
Our staff and volunteers will be available for tutoring sessions by appointment only. We are only able to accommodate 5 students per session on a first come first serve basis. Parents are encouraged to stay for the hour to better support your student’s dedication to learning. Please make an appointment with Mr. Jesus.

CAMFAM Volunteer Opportunities
Dates: Every Wednesday in July only  
Time: 1:00 – 2:00pm
Our staff will be helping students with tutoring session by appointment only. We are only able to accommodate 2 volunteers per session. Students wishing to volunteer during this time will be expected to assist Mr. Jesus and Ms. Sophia with office work, classroom preparation, or tutoring as needed. Please sign up with Ms. Sophia by Friday, June 23rd.

Zumba
Dates: 07/05 and 07/18  
Time: 2:00 – 3:00pm
A high-energy dance party to get you in shape. Zumba involves dance and aerobic movements performed to hip-hop, samba, salsa, merengue and mambo.

Video Games
Dates: 07/10  
Time: 3:00 – 4:00pm
Come and play with your friends Video Games PS3 and computer games during the summer. We will have video games tournaments.

Yoga Class
Dates: 07/06 and 07/20  
Time: 2:00 – 3:00pm
Instructor: Ms. Sophia. Come learn how to relax, feel and breathe better. Find your confidence and increase your strength with yoga exercises. We will be learning how to tap into deep meditation as we let go of the stress and worries around us and learn to connect to our bodies.

United Through Games and Snow cones
Dates: 07/06  
Time: 3:00 – 4:00pm
Make new friends and bring your neighbors. This summer, be united through indoor group games like Monopoly, Clue, Pie Face, Cherades and others. Enjoy a complimentary snow cone from Mr. Jesus.

Wacky Water Games @ Cabrillo Park
Dates: 07/18  
Time: 3:00 – 4:00pm
Join us at Cabrillo Park for outdoor water games. Bring clothes/shoes to get wet with, dry towel, and a set of dry clothes to change into.

Minefield Challenge Teambuilding
Dates: 07/20  
Time: 3:00 – 4:00pm
You think you have what it takes to win this challenge, well then sharpen your thinking skills and try it out. These different challenges will force you to trust others when you can’t see and each challenge can only be won if you work together. Students may try to go it alone for an extra challenge where you can only rely on your senses.

Art 101
Dates: 07/27  
Time: 3:00 – 4:00pm
Join us at CAMFAM for an art history lesson. Use a variety of craft supplies to create your very own unique art. Choose from some project ideas or make your own. Project options may include Color Theory, Geometric and Abstract.

UNPLUGGED Poetry Slam and Talent Show
Dates: 08/08  
Time: 2:00 – 4:00pm
Come for an afternoon of Poetry and Karaoke! Come and try it all. Act out a monologue from a play, a poem from a book, or write your own poem to perform. Compete with one another in Poetry Slam and Karaoke! Winning participants receive a gift. If you would like to come please sign-up with Ms. Sophia by June 23, 2017.

Home Depot Kid’s Workshop
Dates: 07/13  
Time: 2:00 – 4:00pm
Home Depot will be providing a workshop for parents and youth to work together on a fun construction project. Parents are encouraged to attend. Space is limited. Please sign-up with Mr. Jesus by June 23, 2017.

Techd-Out Science
Dates: 08/01  
Time: 2:00 – 4:00pm
Participate in some games and group activities to learn about how computer work. How do we use data in a computer to send information? What are 0’s and 1’s? How do computers save so much information? Join us to learn more.
**Teens**

**RMS Queen Mary in Long Beach**
Open to ages 11-18  
Dates: 07/14  
Time: 1:00 – 4:00pm  
Adult Chaperone needed for every 5 students  
The RMS Queen Mary is a retired Ocean Liner harbored in Long Beach. We will be taking students on a field trip aboard the Queen Mary for educational tours including learning about Queen Mary’s history while participating in a challenging Trans-Atlantic Scavenger Hunt. We will be leaving the center at 1:00 PM. The cost is $15 per ticket. Lunch is not included, please eat before arriving. Space is limited. Parents must sign a permission slip. Please sign up with Ms. Sophia by June 23, 2017.

**Ocean Institute Overnight Camping @ Laguna Beach**
Open to ages 8-12, older students may attend please ask Mr. Jesus  
Dates: 07/24 – 07/25  
Time: 12:00 - Overnight  
Adult chaperone needed for every 8 students  
The Ocean Institute and The Ranch at Laguna Beach is offering a new and exciting opportunity for students groups this summer! The “campers” will be spending the night in tents at a historic campsite on The Ranch property. Activities include team building challenges, scientific explorations, crafts and beach time will be woven into this unforgettable experience. We will be leaving the center between 12:30 and 1:00PM, please arrive by 12:00PM. We will be returning 07/25 at 11:30AM. Space is limited. Parents must sign a permission slip. Please sign up with Mr. Jesus by June 23, 2017.

**CAMFAM Student Council Meeting**
Open to ages 11-18  
Dates: 08/03  
Time: 3:00 – 4:00pm  
Get involved! Express your ideas at the CAMFAM Youth council meeting. Community service opportunities available. Meeting will be held once a month at the Cambodian Family, all teens and pre-teens are encouraged to attend the meetings and share their concerns and ideas for teen programming.

**#EatFit Nutrition Class**
Open to ages 11-18  
Dates: 07/27 and 08/03  
Time: 2:00 – 3:00pm  
A health and nutrition seminar course with Mr. Jesus and Ms. Sophia. Come and join us! Snacks will be provided. Certificate upon completion. Raffle tickets will be given for each time you come to class and extra for each question or comment you share. Raffle prices will be announced in the last session.

**Teen Trips & Events**

**Bower’s Museum**

**Adult Chaperone needed for every 5 students**
We will be meeting at the Bower’s Museum located at 2002 N Main St, Santa Ana, CA 92706.  
The cost will be: $6 per person, and for every 10 students, 1 chaperon is free. The Bower’s Museum features over 100,000 objects and art of pre-Columbia, Mesoamerica, and Native America. One chaperone is required for every 5 students. If you do not have transportation please speak with Mr. Jesus. Parents must sign a permission slip. Please sign up with Mr. Jesus by June 23, 2017.

**California State University Fullerton College Tour**

**Adult chaperone needed for every 5 students**
Parents interested in attending should register with Sophia and Jesus. Let’s tour colleges together! Come learn about So-Cal college life and all the info. you will need to start planning your college career. Please be sure to wear appropriate shoes for walking and lunch money.  
Space is limited. Parents must sign a permission slip. Please sign up with Ms. Sophia by June 23, 2017.

**Swimming @ YMCA**

**Adult chaperone needed for every 8 students**
We will be going to the YMCA located at 2100 W Alton Ave, Santa Ana, CA 92704; for an afternoon of swimming. Cost is $5 per student. Please bring towels and a change of clothes.

**Movies @ Krikorian Theatre**

**“Kung Fu Panda 3”**
8290 La Palma Ave, Buena Park, CA 90620  
Dates: 07/11  
Time: 11:30 – 2:00pm  
Your family is invited to join us at the Krikorian Movie Theatre to view Kung Fu Panda 3. We will be traveling in the CAMFAM van, leaving the center at 11:30 AM. The movie begins at 12:30 PM. Space is limited. Please sign up with Mr. Jesus by June 23, 2017.

**Get involved!**
Express your ideas at the CAMFAM Youth council meeting. Community service opportunities available. Meeting will be held once a month at the Cambodian Family, all teens and pre-teens are encouraged to attend the meetings and share their concerns and ideas for teen programming.

**Sports Day @ Cabrillo Park**

**Dates: 07/21  
Time: 2:00 – 4:00pm**
We will be meeting at Cabrillo Park for some team building challenges, and physical activities such as Soccer, Volley ball, Basketball, Yoga, and other activities.

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**Swimming @ YMCA**

**Dates: 08/10**  
Time: 1:30 – 4:00pm  
We will be going to the YMCA located at 2100 W Alton Ave, Santa Ana, CA 92704; for an afternoon of swimming. Cost is $5 per student. Please bring towels and a change of clothes.

**Last Day Summer Program Picnic @ Pioneer Park**

**Dates: 08/11**  
Time: 2:00 – 4:00pm  
Adult chaperone needed for every 8 students  
We will be meeting at Pioneer Park for some food, fun and physical activity. Pioneer Park Road is located at 10250 Pioneer Rd, Tustin, CA 92782. We will be at the group of picnic tables, near the restrooms and playground. The picnic will be pot-luck style. There is a water park and hiking in a great historical venue. Picnic from 2:00 to 3:00; and hiking trail 3:00 to 4:00 with Mr. Jesus and Ms. Sophia.