Informal Self-Assessment –
Fist of Five
By Elizabeth Jiménez

- Using the fingers on one hand, form a fist and hold your fist to your chest.
- On a scale of 1-5, show me the number of fingers that represent your level of familiarity with, knowledge, understanding of __________ (today’s topic).

1. I have no idea what you are talking about.

2. I’ve heard of it before but I am hazy on the details.

3. I know a bit about it but I’m not sure I can explain it.

4. I am familiar with ______ and can explain it fully.

5. I know it so well, I could get up there and teach this session.