

PROGRAM REVIEW FOR CENTERS AND INSTITUTES
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Center/Institute: Center for Sport Performance

Director/Administrator: Dr. Andy Galpin, Dr. Scott Lynn, Dr. Jared Coburn

College/Academic unit: Department of Kinesiology, College of Health and Human Development (HHD)

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Date: February 6, 2023

Name of primary authors if different

Self-Study

1. Mission

To conduct, present and publish research and engage in consultations specifically related to improvement of sports performance through application of the sub-disciplines of Kinesiology.

2. Goals and Activities

To benefit the University, the Center for Sport Performance (CSP) conducts work to further knowledge of sport and also foster a close collaboration between faculty, students and the community. This work enhances scholarly and creative activity while providing both undergraduate and graduate students with experiences outside the traditional classroom environment. The CSP maintains the preeminence of learning so integral to CSUF while providing a high-quality program to meet the evolving needs of our diverse student body. It also expands connections and partnerships with our region by engaging the community in a symbiotic relationship allowing us to teach students who will ultimately serve the community at large.

3. Resources and Sustainability

The CSP is funded by raising money through testing teams in the community, fundraising events, donations and providing education for outside groups of professionals. The Board has raised more than \$150,000 in the last three years. This self-study clearly demonstrates that the CSP has the necessary resources to sustain its operations.

4. Organizational Structure and Governance

The Center operates under the auspices of a three-person Board of Directors (<http://hhd.fullerton.edu/knes/csp/director.php>) and receives advice from an Advisory Board of nationally recognized professionals (<http://hhd.fullerton.edu/knes/csp/advisory.php>), none of whom receive any monetary compensation. It is housed as a virtual Center in the Department of Kinesiology and reports to the Chairperson and the Dean of the College of HHD.

5. Highlights and Accomplishments

The CSP has served CSUF and the community for 13 years. It has raised considerable funds to support the mission and has worked on campus to support graduate students and within the community to support local efforts in sport. The CSP averages annually >100 professional research presentations and >50 peer reviewed journal articles and book chapters related to sport performance. Finally, the overwhelming majority of this work has been accomplished by students (<http://hdcs.fullerton.edu/knes/csp/research.htm>).

6. Planning and Strategic Outlook

The Board of Directors, along with input from the Advisory Board, will conduct a strategic plan at the end of 2023 to establish new directions for the next three years. All new directions, as those in the past, are wholly and completely associated with the CSP mission and vision.

7. Viability

The leadership of the Center states that they are satisfied with the Center's activities and operations. Leadership, is not set to change.