Test post-mortem

Name _______________________________ Class __________________________ Test ______________________

• What grade did you make on this test? _____________ What did you expect to make? _____________

• Is this test an accurate reflection of your knowledge? ___Yes ___No
  o Why? ____________________________________________
    ____________________________________________
    ____________________________________________

• What factors led to the grade you made? Respond to each statement below.
  a) I spent enough time preparing for this test. ___Yes ___No
    ▪ How much time did you spend studying? _________________________________
    ▪ In what ways did you study? ___________________________________________
    ▪ What was your study environment? _________________________________

  b) I studied over several days instead of cramming. ___Yes ___No
    ▪ How many days and how many hours on each of those days?________________________

   c) I study the correct material. ___Yes ___No
    ▪ If no, what should you have studied that you didn’t? _______________________________
    ▪ If no, what additional information did you need? _______________________________
    ▪ If no, describe a better testing circumstance for you. _______________________________

  d) I had enough information about the test to prepare properly. ___Yes ___No
    ▪ If no, what additional information did you need? _______________________________
    ▪ If no, describe a better testing circumstance for you. _______________________________

  e) I can do well on this type of test. ___Yes ___No
    ▪ I can do well because _________________________________
    ▪ If no, describe a better testing circumstance for you. _______________________________

  f) I feel that the material was adequately covered in class. ___Yes ___No
- If no, what material needed to be covered more thoroughly? ________________
  ______________________________________________________________
  ______________________________________________________________
  ______________________________________________________________
  ______________________________________________________________
  ______________________________________________________________

  g) Was there a practice test available for this test? ___Yes ___No
  - Did you take the practice test? ___Yes ___No
  - If no, why not? ______________________________
    _______________________________________
    _______________________________________
    _______________________________________

  h) My class attendance was adequate to get the needed information. ___Yes ___No
  - If not, why did you miss class? ______________________________
    _______________________________________
    _______________________________________
    _______________________________________
    _______________________________________
    _______________________________________
  - How often did you miss class? ______________________________
    _______________________________________
    _______________________________________
    _______________________________________
    _______________________________________
    _______________________________________

  i) I feel that test anxiety prevented me from doing my best. ___Yes ___No
  - If yes, in what ways did that anxiety show up for you? ________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
  - How can this problem be prevented or reduced in the future? ________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
  - What have you tried in the past to help with test anxiety? ________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________
    ______________________________________________________________

  • I think that my grade was based on luck rather than on my ability. ___Yes ___No
    o I think it was luck because ______________________________
      ______________________________________________________________
      ______________________________________________________________
      ______________________________________________________________
      ______________________________________________________________

  • If you had the option of retaking this test:
    o What would you do differently? ______________________________
      ______________________________________________________________
      ______________________________________________________________
      ______________________________________________________________
      ______________________________________________________________
    o What would you do the same? ______________________________
      ______________________________________________________________
      ______________________________________________________________

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