

# ARE YOU

PrEP

PED?

PrEP (Pre-exposure Prophylaxis) is a daily pill that can reduce the risk of contracting HIV in individuals who are at high risk.

PrEP is approved for daily use in individuals who are HIV-negative but at high risk. PrEP does not protect against other STIs – condoms should still be used as protection if STIs are a concern.

PrEP is effective for reducing HIV risk in several individuals:



- Individuals at high risk for contracting HIV
- Individuals with partners at high risks for contracting HIV
- Injection drug users



PrEP must be taken daily. If PrEP is not taken every day, it will not be as effective when reducing HIV risk.

90%

Taking PrEP everyday can reduce your risk of HIV by over 90%. This form of protection is safe and effective at reducing HIV risk.



Individuals taking PrEP must visit a testing facility every 3 months for HIV and STI testing, and every 6 months for kidney health tests.



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# POSSIBLE SIDE

## EFFECTS:

PrEP is very effective at reducing HIV risk. Side effects are typically temporary and monitored by your physician. Possible side effects are:

- Gas
- Nausea
- Headache
- Changes in bone density and kidney function – this normally returns to normal after stopping PrEP

## HOW DO YOU ACCESS PREP?

You can access PrEP through:

- Health clinics
- Planned Parenthood
- Health Department
- Personal provider prescription

### WHAT'S THE COST?

Most health insurance plans cover PrEP, including Medicaid. You can check with your insurance plan to see if PrEP is covered. There are also advocacy groups to help reduce financial barriers to PrEP.



### ANY



## QUESTIONS?

If you want more information, text **PREP** to **69866** to learn more from The Center and be connected with a local provider

<https://www.cfcityclinic.org/services/hiv-prevention-care/prep>

<https://www.cdc.gov/hiv/basics/prep.html>

<https://www.plannedparenthood.org/learn/stds-hiv-safer-sex/hiv-aids/prep>



PrEP may not protect against all STIs – but condoms do! Order your free condoms, lube, and dental dams today through our Condom Availability Program. Follow the QR code or go to our form directly at <http://bit.ly/TWCondomRequests>



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