

# POWER & CONTROL

The following is the **POWER & CONTROL WHEEL**, developed by the *Domestic Violence Intervention Project*, in Duluth, Minnesota. It is particularly helpful in understanding the overall pattern of abusive and violent behaviors used by a batterer to establish and maintain control over his/her partner. Very often, one or more violent incidents are accompanied by an array of these other types of abuse, less easily identified, but firmly establishing a pattern of intimidation and control.

