



Health Promotion Research Institute

College of Health and Human Development

Strategic Plan 2010-2013 Summary Report

Submitted by:

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OVERVIEW

About HPRI:

The Health Promotion Research Institute was established in 2009 as a university-wide institute at California State University, Fullerton in order to promote increased health-related research among faculty and collaborations with community.

The Health Promotion Research Institute (HPRI) serves as a **catalyst and focal point** for research, training, and community interchange to develop and disseminate health-related evidence-based information and programs.

Goals:

The HPRI goals are to:

1. Coordinate and advance interdisciplinary health research efforts at CSUF;
2. Facilitate pre-award and post-award activities by members to increase external support for health-related research, particularly through use of multi-disciplinary/multi-agency writing teams;
3. Provide enriched opportunities for student learning and student involvement in health research, thus better preparing the next generation of public health professionals; and
4. Collaborate with community leaders in understanding and addressing the critical public health needs and issues in Southern California.

Faculty Members:

- Total Faculty: 63
- Colleges Represented: 7
- Departments Represented: 20

Affiliated Centers:

1. Center for Cancer Disparities Research
2. Center for the Promotion of Healthy Lifestyles and Obesity Prevention
3. Fibromyalgia & Chronic Pain Center
4. Institute of Gerontology
5. Partnership for Cancer Health Disparities Research

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1. Health-Related Research

- a. Goal: To increase the number of health promotion-related research grants and research publications at CSUF. (See Center's reports for research publications.)
- b. Objectives:
 - i. By the end of three years, train at least 15 junior faculty on research grant proposal preparation.
 - ii. By the end of three years, have at least three (3) research grant proposals submitted to an external funder, and at least one (1) successfully funded project.
- c. AY 2010-2011 Outcomes:
 - i. Awarded four (4) mini-grants (3-unit faculty release each) with funding from Associate Vice President for Graduate Programs & Research, Center and Institute Planning and Expansion Program
 - o Janna Kim, Child and Adolescent Studies
 - o Michele Wood, Health Science
 - o Tu-Uyen Nguyen, Asian American Studies
 - o Carter Rakovski, Sociology
 - ii. Provided pre-award and/or post-award support for a large portfolio of external grant activity (valued at \$22,299,198), including:
 - o 16 awarded grants (totaling \$16,553,866)
 - o 7 submitted but denied grant proposals
 - o 11 pending grant proposals
 - iii. Awarded several grants for HPRI faculty
 - o Shari McMahan / Jie Weiss, An Interdisciplinary Approach to Address Childhood Obesity: From Infancy Through Adulthood, \$ 573,187
 - o Shari McMahan / Jie Weiss, An Interdisciplinary Approach to Address Childhood Obesity: From Infancy Through Adulthood, \$ 383,187
 - o Shari McMahan, California-Nevada Public Health Training Center, \$39,837
 - o Debra Rose, Improving California's Fall Prevention Programs: An Evaluation of Model Projects, \$41,599
 - o Debra Rose, Fall Prevention Center of Excellence, \$1,300,000
 - o Debra Rose, Fall Prevention Center of Excellence, \$216,677
 - o Debra Rose, Evaluation of the Cross-Cultural Efficacy and Adaptability of the InStep program, \$15,000
 - o Debra Rose / Michele Mouttapa, Analysis of Evidence-based Fall Prevention Programs for Older Adults, \$20,000
 - o Daniela Rubin / Dan Judelson, Nutritional and Exercise Aspects of Prader Willi Syndrome and Childhood Obesity, \$1,708,148
 - o Daniela Rubin, Family Based Exercise Intervention for Children and Adolescents with Prader Willi Syndrome, \$ 2,030,112

- Sora Tanjasiri, WINCART: Weaving an Islander Network for Cancer Awareness, Research and Training Phase II, \$819,718
- Sora Tanjasiri, WINCART: Weaving an Islander Network for Cancer Awareness, Research and Training, \$2,834,052
- Sora Tanjasiri, A Pap Test Intervention to Enhance Decision Making among Pacific Islander Women, \$557,000
- Sora Tanjasiri, WINCART: Increasing Cancer Screening, Treatment and Support in the Tongan ARRA Funding, \$210,448
- Sora Tanjasiri, WINCART: Research on HIV/AIDS-Related Cancers among Racial/Ethnic Minority and Underserved Persons in U.S., \$175,000
- Sora Tanjasiri, Healthcare Disparities: Partnerships with NCCCP and the Community Networks Program (CNP) Institutions to Increase Screening in Racial/Ethnic Minority and Other Underserved, \$122,857

d. AY 2011-2012 Outcomes

- i. Provided pre-award and/or post-award support for a large portfolio of external grant activity, including:
 - 20 awarded grants (totaling \$12,504,620)
 - 6 submitted but denied grant proposals
 - 6 pending notification
 - 8 proposals in progress
- ii. Secured 2011-2012 Mission & Goals grant to provide course release to faculty members, non-salary operating supplies and honorariums for mentors (\$24,000)
- iii. Secured President's Funding for HPRI expansion (\$16,584)
- iv. Awarded several grants for HRPI faculty (Current Fiscal Year Funding: \$3,802,987)
 - Erualdo Gonzalez, Engaging Public Policymakers in the Adoption of Built-Environment Policies to Increase Physical Activity in Latino Communities, \$75,000
 - Archana McEligot, Higher Education Challenge A Childhood Obesity and Nutrition Curriculum for a Diverse and Changing Population, \$280,343
 - Shari McMahan, California-Nevada Public Health Training Center \$42,837, \$3,000
 - Debra Rose, Analysis of Evidence-based Fall Prevention Programs of Older Adults, \$22,088, 10/1/10-7/31/11
 - Debra Rose, Stay Well at Home Program, \$150,000
 - Daniela Rubin, Family Based Exercise Intervention for Children and Adolescents with Prader Willi Syndrome, \$2,030,112, \$40,000
 - Daniela Rubin, Physical Activity Interventions in Individuals with Prader Willi Syndrome, \$1,411,718
 - Sora Tanjasiri, WINCART: Weaving an Islander Network for Cancer Awareness, Research and Training Phase II – SUPPLEMENT, \$21,776,

- Sora Tanjasiri, A Pap Test Intervention to Enhance Decision Making among Pacific Islander Women, National Institutes of Health, \$2,525,581, \$498,557
- Sora Tanjasiri, WINCART: Weaving an Islander Network for Cancer Awareness, Research and Training Phase II, \$3,988,006, \$824,511,
- Sora Tanjasiri, WINCART Administrative Supplement for Community Health Educator (CHE), \$45,000
- Sora Tanjasiri, Admin. Supplement - Cheri WINCART, \$21,776
- Jie Weiss, Women's Obesity Prevention and Reduction, AltaMed, \$90,000, \$30,000
- Michele Wood, CA-NV Public Health Training Center Grant (2011 2012), \$51,818,
- Michele Wood, Engaging Californians in a Shared Value for Resiliency: Practical Lessons Learned from the Great California Shakeout, \$49,900
- v. Awarded five (5) mini-grants (up to 3-unit faculty release, \$ 1,500 operating supplies and \$750 honorarium each) with funding from Mission & Goals grant.
 - Erica Howell, Special Education
 - Mindy Mechanic, Psychology
 - Elaine Rutkowski, Nursing
 - HyeKyeung Seung, Human Communications Studies
 - Barbara Cherry, Psychology
- vi. Collaborated with FDC, OURIP, and HHD on Funding My Research, grant proposal writing series and faculty mentorship
- vii. Hosted HPRI's Inaugural Writing Retreat – March 2012

e. AY 2012-2013 Outcomes

- i. Awarded (2) mini-grants (up to 3-unit faculty release)
 - Jorge Fontdevila, Sociology
 - Elaine Rutkowski, Nursing
- ii. Awarded 10 grants, totaling \$1, 978,885, for HPRI faculty
 - Tu-Uyen Nguyen, Youth Empowerment Program – Year 1, \$272,644
 - Sora Tanjasiri, RO1 Pap Test, \$485,452
 - Sora Tanjasiri, RO1 Test Supplement, \$66,108
 - Sora Tanjasiri, WINCART Year 3, \$766,644
 - Sora Tanjasiri, WINCART Year 3 Supplement, \$50,000
 - Sora Tanjasiri, CSUF and UCI-CFCCC Partnership for Cancer Health Disparities Research, \$190,753
 - Jie Weiss, Women's Obesity and Prevention Program, AltaMed Subcontract – Year 2, \$30,000
 - Michele Wood, START, \$46,241
 - Michele Wood, CA/NC Public Health Training Program, \$8,127
 - Michele Wood, START, \$62,917

- iii. Mentored three Funding My Research awardees
 - Gail Love, Communications
 - Yuying Tsong, Human Services
 - Jennifer Piazza, Health Science
- iv. Hosted Spring Writing Retreat, April 13, 2013
 - John Breskey (Health Science)
 - Michele Mouttapa (Health Science)
 - Mindy Mechanic (Psychology)
 - Yuying Tsong (Human Services)
 - Kathleen Wilson (Kinesiology)
 - Ciara Paige (Research Assistant)

2. Health Promotion Education

- a. Goal: To increase cross-collaboration between CSUF, communities and universities on health promotion-related research and education efforts.
- b. Objectives:
 - i. By the end of each year, hold at least two (2) gatherings of community and university researchers to facilitate networking and collaboration on health-related efforts.
 - ii. By the end of the three years, develop at least three (3) collaborative community-based research grant proposals, and at least one (1) successfully funded project. (See Health-Related Research section for funded projects.)
- c. AY 2010-2011 Outcomes:
 - i. Chaired the Search Committee for the hiring of the HPRI Director
 - ii. Hired Research Grant Assistant and Administrative Assistant
 - iii. Finalized bylaws (pending approval by the Provost)
 - iv. Secured 2011-2012 Mission & Goals grant to provide course release to faculty members (and support to mentors)
 - v. Convened HPRI Community Advisory Meetings – August 2010
 - vi. Convened HPRI Steering Committee Meetings – September 2010, April 2011
 - vii. Convened HPRI Faculty Meetings – September 2010, April 2011
 - viii. In conjunction with HHD Research Grants Officer (RGO), trained HPRI faculty on conducting funding searches – April 2011
 - ix. Supported HHD RGO trainings (that included HPRI faculty) on logic modeling and foundation grant writing.
- d. AY 2011-2012 Outcomes:
 - i. Convened HPRI Community Advisory Meeting – August 2011
 - ii. Convened HPRI Steering Committee Meetings – September 2011, February 2012
 - iii. Convened HPRI Faculty Meetings – September 2011, February 2012

- e. AY 2012-2013 Outcomes:
 - i. Co-sponsored Research Collaboration Forum, March 7, 2013
 - ii. Served on planning committee and exhibitor for Research Week
 - iii. Held Faculty, Steering Committee and CAB Meetings: Aug. 1, 2012, Oct. 3, 2012, Oct. 8 & 16, 2012, Feb. 26, 2013, March 25, 2013

3. Training Health Promotion Professionals

- a. Goal: To increase the number of students who can understand and address community-based health promotion research needs.
- b. Objectives:
 - i. By the end of three years, train at least ten (10) students on research grant proposal preparation and project implementation.
 - ii. By the end of three years, train at least thirty (30) students in community-based health promotion research needs and opportunities.
- c. AY 2010-2011 Outcomes
 - i. Hired 37 Research Grant Assistants
- d. AY 2011-2012 Outcomes
 - i. Hired 32 Research Grant Assistants
- e. AY 2012-2013
 - i. Hired 28 Research Grant Assistants

NOTE: Total Salary for Students between January 2010-November 2012: \$336,320

4. Health Promotion Advocacy and Policy

- a. Goal: To increase dialogue among community-based organizations and other entities about the health promotion priorities and needs in the county
- b. Objectives:
 - i. By the end of each year, hold at least two (2) gatherings of community and university researchers to facilitate networking and collaboration on health-related efforts.
 - ii. By the end of the first year, develop a mechanism to communicate health promotion information to county policymakers.
- c. AY 2010-2011 Outcomes:
 - i. Updated HPRI website
 - ii. Created / Distributed Spring Newsletter
 - iii. Created/Distributed HPRI Policies and Procedures Manual (for CSUF pre-award and post-award processes)
 - iv. Revised HPRI bylaws according to Drs. Hagan and Murray's comments and resubmitted for approval.
 - v. Co-sponsored campus and community forums
 - o Health Aging With and Without Fibromyalgia – February 2011

- CSUF Farmer's Market – April 2011
- When Disaster Strikes – April 2011
- Fibromyalgia Awareness Day – May 2011
- Participated on CalOptima Community Alliances Committee (ongoing)

d. AY 2011-2012 Outcomes:

- i. Hosted Third HPRI Town Hall Forum – March 2012
- ii. Supported Obesity Symposium – May 2012
- iii. Supported Fibromyalgia Awareness Day – May 2012
- iv. Supported 3-day workshop, Whole Person Wellness – May 2012
- v. Promoted CA/NV Public Health Training Center events – March 2012, April 2012, August 2011
- vi. Supported HHD RGO trainings (that included HPRI faculty):
 - The HIS Status – April 2012
 - Crafting a Sales Pitch for your Grant Proposal April 2012
 - How to Better Position Yourself as a Scholar, Researcher and Grant Writer – December 2011
 - Budgeting Basics – November 2011
- vii. Participated on CalOptima Community Alliances Committee
- viii. Participated on Orange County Women's Health Project Committee
- ix. Participated on UC Irvine's Institute for Clinical and Translational Science Committee
- x. Created two HPRI newsletters – Fall 2011 and Spring 2012
- xi. Developed template for Policy Briefs
- xii. Partnered with UCI Cancer Center to develop P20 grant

e. AY 2012-2013 Outcomes:

- i. Developed Newsletter for the Fibromyalgia and Chronic Pain Center
- ii. Developed/Distributed two (2) HPRI Newsletters: December 2012, May 2013
- iii. Supported community events
 - Community Engagement: ActNOW: Exploring Health Issues in the African American Community, Feb. 16, 2013
 - CSUF and UC Davis' Obesity & Nutrition in a Changing World Symposium at CSUF, Sept 22-23, 2012
 - Community Alliances Forum, Aug. 8, 2012, Oct. 10, 2012, Nov. 14, 2012, Dec. 12, 2012, Feb. 13, 2013, April 10, 2013