



Student Health Fee 2022 - 2023

Student Fee Advisory Committee Meeting

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TitanHEALTH*

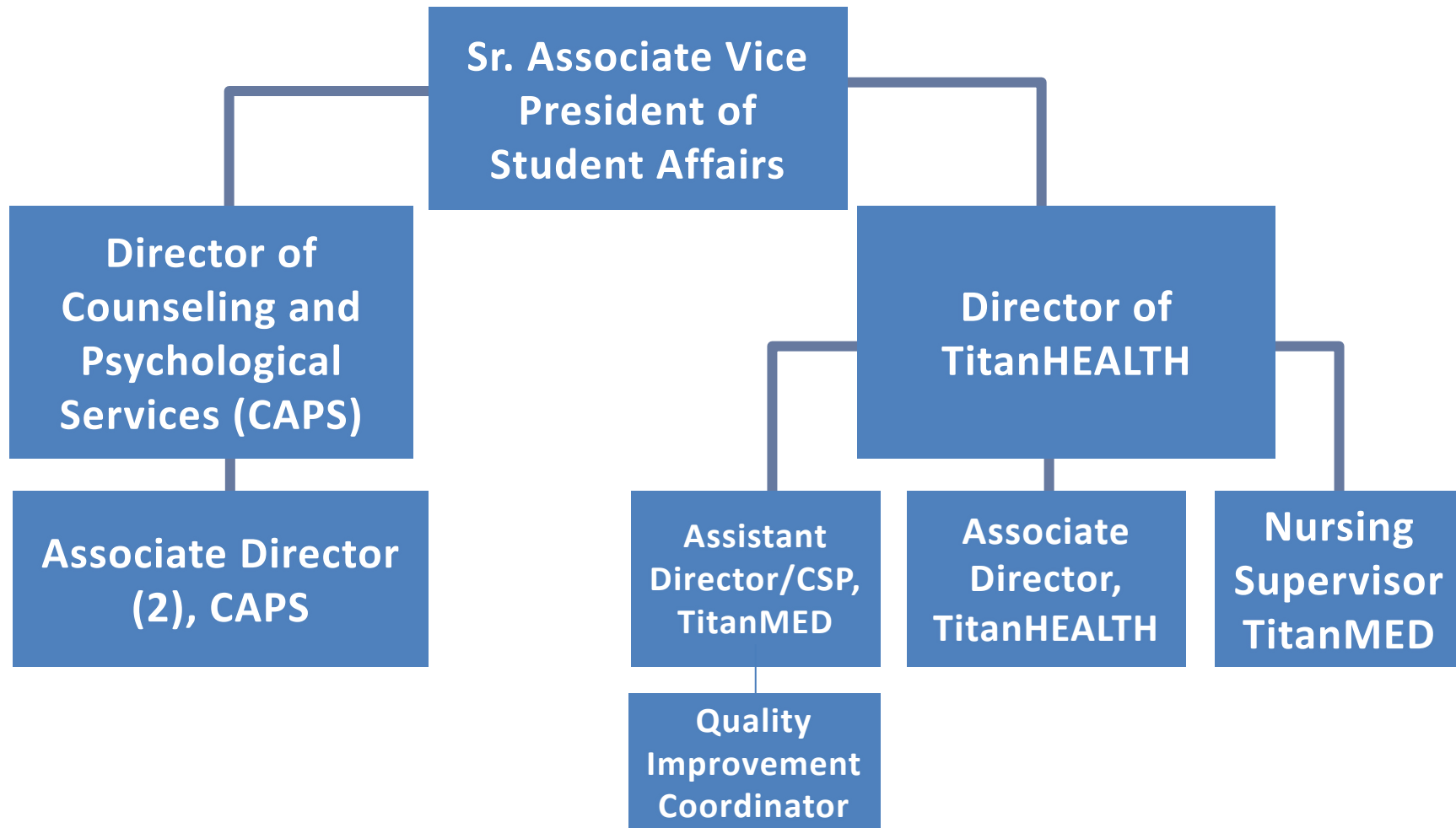
October 26, 2023

Overview

- Current fee structure
- Revenues and Expenditures
- Purpose and Accomplishments
- Upcoming Challenges

Governance

TitanHEALTH and CAPS Management Team



Governance

- CSU Executive Order 943
- AAAHC (Accreditation Association of Ambulatory Health Care)
 - *Accredited through 1/31/2024*
- SHAC (Student Health Advisory Committee)
 - *Mandated under EO 943*
 - *Membership: Students, Faculty, Staff*
- Management Team
 - *Sr. Associate Vice President/DOS, Engagement and Wellbeing*
 - *Director, TitanHEALTH*
 - *Associate Director, TitanHEALTH*
 - *Assistant Director and Chief Staff Physician, TitanMED*
 - *Nursing Supervisor, TitanMED*
 - *Director, Counseling and Psychological Services*
 - *Associate Director (2), CAPS*

History



Nurse Couper

- The *Policy of the Board of Trustees on Student Health Services* was adopted initially as a comprehensive system-wide policy in **1977**.
- Revised in May **1988** and required that ***basic student health services*** be available to all regularly enrolled students at no additional charge.
 - Treatment for illnesses and injuries
 - Family planning services
 - Health education
 - Counseling for individual health problems
- In addition, the policy allowed campuses to offer additional elective, “augmented” services free of charge or for a fee.

From 2001 Audit Report

More History

- In the **early 1990's**, a dramatic change to the fiscal climate prompted a reevaluation of the existing policy.
 - Several CSU campuses reported an inability to provide basic health services without additional revenue.
- Accordingly, in November **1992**, the Board of Trustees delegated to the Chancellor the authority to approve exceptions to the fee restrictions of the policy.
 - Such exceptions were permitted with the understanding that a task force would undertake a comprehensive review of the provision and financing of student health services.
- **In 1994**, CSUF students voted for a mandatory health fee of \$40 per year.
- **In 1997/98**, the fee was increased to \$50 per year.
- **In 2007/08**, the fee was increased to \$85, then \$90 through 2012.
- **In 2011**, CSUF students voted to establish a fee schedule with incremental increases tied to HEPI.

Fee Schedule from 2011 - present

Student Health Fee	Term/Year	Fee (annual)
	2011-2012	\$90
	2012-2013	\$142
	2013-2014	\$150
	2014-2015	\$158
	2015-2016	\$160
	2016-2017	\$160
	2017-2018	\$163
	2018-2019	\$168
	2019-2020	\$174
	2020 - 2021	\$178

Change in Fee Schedule

- Fall 2011 – vote by student fee referendum
- Increase fee from \$45/sem. to \$70/sem. (Fall 2012) and \$2 increments each semester for 5 semesters, with annual increases by index.
- FY 2020 -2021: \$178/annual
- Recommended to evaluate health fee every 8-10 years
 - Changing needs of the campus
 - Student health status and needs
 - Increased costs of medical supplies, equipment and contracted services
 - Changes in employee salaries/benefits
 - Facility improvements/upgrades
 - Educational programming and prevention measures

2023 – 2024 System-wide Health Center Fee

Maritime	\$886	Fresno	\$302
San Luis Obispo	\$743	Sacramento	\$292
Humboldt	\$696	Pomona	\$269
Chico	\$546	Dominguez Hills	\$260
San Francisco	\$522	Monterey Bay	\$246
Sonoma	\$492	Fullerton	\$196
Stanislaus	\$456	Channel Islands	\$190
San Diego	\$452	Northridge	\$158
San Bernardino	\$442	Long Beach	\$150
East Bay	\$396		
San Jose	\$380		
Bakersfield	\$373		
San Marcos	\$348		
Los Angeles	\$312		

Average: \$396

Source: <https://www.calstate.edu/attend/paying-for-college/csu-costs/tuition-and-fees/campus-mandatory-fees/>

Revenue and Expenses, FY 22-23

- Revenue (Health Fee)
 - Summer 2022 (\$) \$ 781,893.84
 - Fall 2022 (\$) \$3,684,229.47
 - Spring 2023 (\$) \$3,476,225.26
 - **Total SHC fees collected** **\$7,942,348.57**
- Expenses
 - Salaries and Benefits \$12,121,178.50
 - Supplies, services, programming \$1,091,110.90
 - **Total Expenses** **\$13,212,289.40**
 - **Proposed Annual Deficit** **\$5,269,940.83**

Purpose

- Increased ***demand***, especially in crisis and other mental health services
- Increased ***severity*** of presenting symptoms/concerns
- Barrier to ***access*** (for off campus care)
- Training for faculty, staff & students
- Campus partner in risk assessments, emergency response, and wellness services

Basic and Augmented Services

- Primary Care
- Radiology
- Pharmacy
- Family PACT Family Planning Services
- Laboratory Services
- Immunization Services
- Counseling
- Psychiatry
- Rehabilitation Services (Physical Rehabilitation Services)
- Orthopedics and Sports Specialist
- Optometry
- Telehealth
- Prevention and Educational Programming
- Confidential Advocacy

2022-2023 Contacts Summary

SERVICE	# APPOINTMENTS
CAPS	11,109
CAPS Crisis	839
PSYCHIATRY	1,028
PRIMARY CARE	15,200
GRAND TOTAL:	26,309

DEPARTMENT	# STUDENTS SERVED
CAPS	2,081
Health Services	5,184
GRAND TOTAL:	7,265

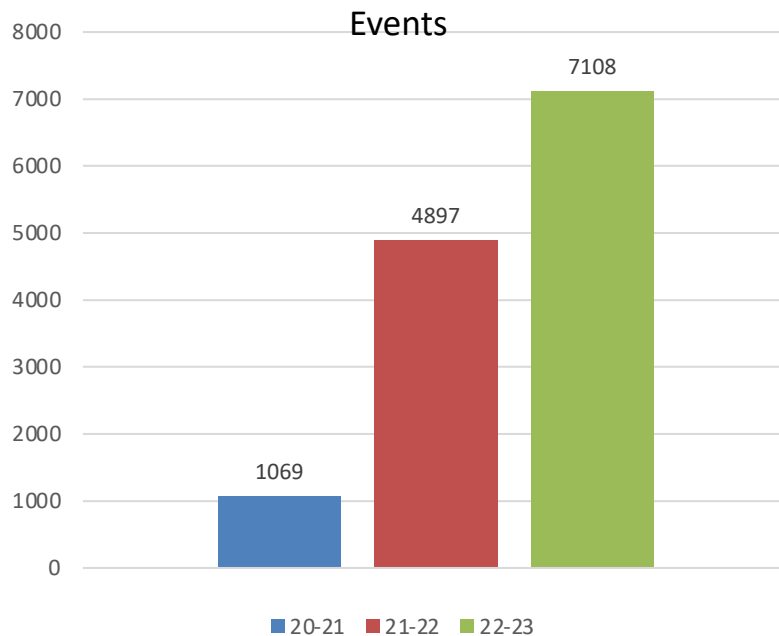
TitanMED Highlights

- Introduced video appointments for increased access
- Incorporated new sexual and reproductive health services, including: PrEP and MAB
- Implemented a naloxone (i.e., Narcan) distribution program
- Hired and trained 3 new medical providers
- Provided approximately 800 free flu vaccines to CSUF students

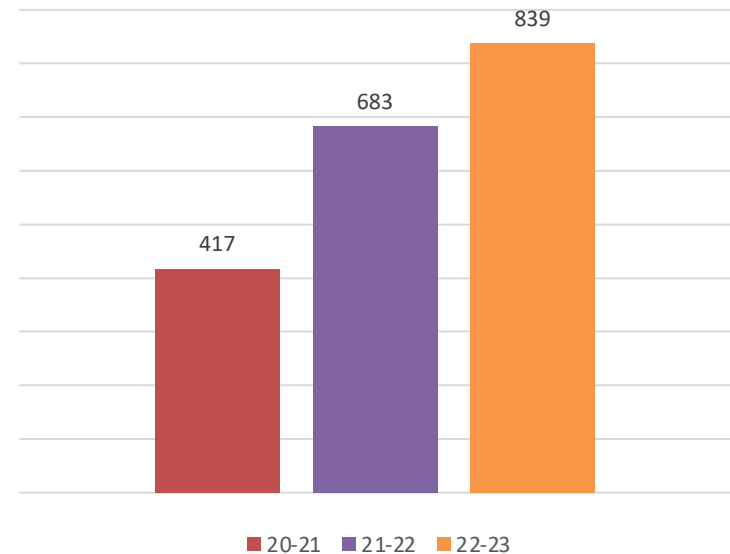
CAPS Highlights

- 6.12 % increase in CAPS sessions with students over the previous year
- 7,260 hours spent face to face with students this last year
- 300 Case Management were provided
- CAPS offered 16 weekly psychotherapy groups and drop-in groups

Students Served Through Outreach



Crisis Appointments



Titan Well Highlights

- *FOODucation Live!* with grocery bags to student participants
- *Adult Recess/Joyful Movement* workshops and pop-ups
- Started a community garden
- Presented *Teaching Kitchen/FOODucation* at a national conference (NASPA)
- *CHOICES/What about Marijuana?* workshops
- Launched ***Heatwave*** (education on festivals + alcohol/drugs)
- Implemented Opioid Education and Naloxone Trainings
- Launched *RAP Cart* Spring 2023
- 600+ RAP orders placed 22-23 AY

Sexual Violence Prevention and Advocacy Services Highlights

- Hired and on-boarded three new team members: Assistant Director, Prevention Educator, and Office Manager (ASC I)
- Renovated and moved into new office space (Housing)
- Recruited and hired six peer educators
- Submitted four grant applications to expand crisis response, bystander intervention, and violence prevention services on campus
- Expanded violence prevention outreach through social media

Accomplishments in 2022 - 2023

- On-going virtual appointments
- Increased reproductive and sexual health services
- Successfully launched *Sexual Violence Prevention and Advocacy Services* office and new location
- Expanded mental health services, outreach and programming

Looking ahead to 2023-2024, etc.

- Re-accreditation (November 2023)
- CAPS re-location to Titan Hall
- Facility enhancements: Laboratory renovation, flooring, interior and exterior paint
- Strategic Plan (January 2024)
- Mobile Crisis Team (CAPS)
- Expanded survivor and advocacy services
- Mobile Health Clinics
- Recovery Zones
- Facility Feasibility Study

Questions?