

Agency Descriptions

AccessCal

- AccessCal is a culturally sensitive community-based organization dedicated to empowering underserved populations, focusing on Arab-American and Muslim-American communities. Over 100 different services at no cost to you.
 - accesscal.org
 - [instagram.com/accesscal](https://www.instagram.com/accesscal)
 - Instagram: @accesscal

American Foundation for Suicide Prevention

- American Foundation for Suicide Prevention is a voluntary health organization whose mission is to save lives and bring hope to those that have been affected by suicide.
 - afsp.org
 - [instagram.com/afspnational](https://www.instagram.com/afspnational)
 - Instagram: @afspnational

Access to Prevention Advocacy Intervention and Treatment (APAIT)

- APAIT has held a distinctive record of providing high quality programming through its vision – to advocate, educate, and achieve optimal health and well-being for vulnerable communities.
 - apaitonline.org
 - [instagram.com/apait_ssg](https://www.instagram.com/apait_ssg)
 - Instagram: @apait_ssg

Art- Laguna Playhouse

- Laguna Playhouse is an historic Equity theatre located in the charming arts colony of Laguna Beach, California. The mission of Laguna Playhouse is to enrich lives through the magic of live theatre, to provide educational opportunities for children and adults, and to create experiences that stimulate cultural and social interaction and inspire our community.
 - lagunaplayhouse.com
 - [instagram.com/lagunaplayhouse](https://www.instagram.com/lagunaplayhouse)
 - Instagram @lagunaplayhouse

Be Well OC

- Be Well OC is working to make Orange County the happiest and healthiest community in the United States—and that starts with a world-class mental health care system. The mission is to make compassionate mental health care more accessible for our community.
 - bewelloc.org
 - [instagram.com/bewelloc](https://www.instagram.com/bewelloc)
 - Instagram: @bewelloc

California Prime Recovery

- A Drug & Alcohol Rehab + Mental Health Treatment Center in California We pride ourselves on staying with you on your journey to complete recovery.
 - californiaprimerecovery.com
 - [instagram.com/primerecovery](https://www.instagram.com/primerecovery)
 - Instagram: @californiaprimerecovery

Counseling & Psychological Services (CAPS)

- CAPS offers a variety of mental health services to help students adjust to college life, cope with personal challenges, gain self-awareness, and address psychological concerns.
 - fullerton.edu/caps
 - [instagram.com/csufcaps](https://www.instagram.com/csufcaps)
 - [instagram.com/you.at.fullerton](https://www.instagram.com/you.at.fullerton)
 - [instagram.com/capswellnessroom](https://www.instagram.com/capswellnessroom)
 - Instagram: @csufcaps @you.at.fullerton @capswellnessroom
 - Free services

Charlie Health

- Charlie Health directly addresses the needs of young people in crisis. Young people and families are living through a mental health epidemic. Charlie Health provides industry-leading care and unparalleled access.
 - charliehealth.com
 - [instagram.com/charliehealth](https://www.instagram.com/charliehealth)
 - Instagram @charliehealth

CSUF Basic Needs Services

- Basic Needs Services provides comprehensive programs and support to students who experience unforeseen hardships that often result in food, housing, and financial insecurity.
 - fullerton.edu/basic-needs
 - [Instagram.com/basicneedsuf](https://www.instagram.com/basicneedsuf)
 - Instagram: @basicneedsuf

CSUF TitanMED

- CSUF TitanMED is the organization responsible for the health care of the students on campus. Students are encouraged to be a partner in their health and health care and to engage in conversations with their health care providers about treatment options and alternatives, effective prevention techniques and strategies, and appropriate testing, results and medications. CSUF TitanMED is fully accredited by the Accreditation Association of Ambulatory Health Care.
 - fullerton.edu/health/services
 - [instagram.com/csuftitanmed](https://www.instagram.com/csuftitanmed)
 - Instagram: @csuftitanmed
 - Free and low-cost services

Disability Support Services (DSS)

- Disability Support Services at CSUF is a civil rights office committed to providing students with disabilities access and an equal opportunity to demonstrate knowledge and abilities.
 - fullerton.edu/dss
 - [instagram.com/csuf_dss](https://www.instagram.com/csuf_dss)
 - Instagram @csuf_dss

Hope Counseling Center

- Hope Counseling Center is dedicated to providing quality counseling services to the university students, staff, faculty and families, as well as, the local community.
 - hiu.edu
 - [instagram.com/hope_international_university](https://www.instagram.com/hope_international_university)
 - @hope_international_university

LGBTQ Center OC

- LGBTQ Center OC mission is to ensure the well-being and positive identity of the Orange County LGBTQ community by strengthening youth, improving health outcomes, and advocating for social justice.
 - lgbtqcenteroc.org
 - [instagram.com/lgbtqcenteroc](https://www.instagram.com/lgbtqcenteroc)
 - Instagram: @lgbtqcenteroc
 - Free services

National Alliance on Mental Illness of Orange County (NAMI OC)

- NAMI OC is dedicated to improving the lives of the people of our community affected by mental illness.
 - namioc.org
 - [instagram.com/nami_oc](https://www.instagram.com/nami_oc)
 - Instagram: @nami_oc
 - No cost programs

Orange County Asian Pacific Islander Community Alliance (OCAPICA)

- OCAPICA is dedicated to enhancing the health, and social & economic well-being of Asians and Pacific Islanders in Orange County through free, in-language services in victims assistance, mental health education, peer support, health education, youth leadership development, housing assistance, and more.
 - ocapica.org
 - [instagram.com/ocapica97](https://www.instagram.com/ocapica97)
 - Instagram: @OCAPICA97

OC Health Care Agency

- Community Counseling & Supportive Services (CCSS) provides a no cost short-term counseling program for Orange county residents of all age groups who have or are at risk of developing a mild to moderate behavioral health condition. Specializes in providing services to diverse communities including LGBTQ+, deaf and hard of hearing and underserved ethnic communities.
 - ohealthinfo.com
 - [instagram.com/oc_hca](https://www.instagram.com/oc_hca)
 - Instagram: oc_hca
 - Free services

Partners4Wellness/Connect-OC

- Connect-OC is a community coalition through Partners4Wellness focused on promoting existing mental health resources to Orange County Young Adults through education and outreach.
 - Connect-OC: connect-oc.org
 - Instagram: @connect_oc
 - [instagram.com/connect_oc](https://www.instagram.com/connect_oc)
 - Partners4wellness: partners4wellness.org
 - Instagram: @Partners4Wellness
 - [instagram.com/partners4wellnessorg](https://www.instagram.com/partners4wellnessorg)

Recreation Center

- Titan Recreation is a part of Associated Students Inc. (ASI) and promotes the belief that fitness should be for all – no matter your size, shape, fitness level, or physical ability.
 - titanrecreation.fullerton.edu
 - [instagram.com/titanrecreation](https://www.instagram.com/titanrecreation)
 - Instagram: @titanrecreation
 - Free services

Santa Ana Norooz Clinic Foundation

- The Norooz Clinic Foundation is a non-profit mental health organization. Norooz is a Farsi word meaning new day and a new beginning. At the Norooz Clinic Foundation, we strive to assist those who walk through our doors with their journey of discovery to find their new day, their rebirth, through mental health and wellness.
 - noroozclinic.com
 - [instagram.com/noroozclinic](https://www.instagram.com/noroozclinic)
 - Instagram @noroozclinic

Soluna

- A CalHOPE program by Kooth, is an innovative virtual behavioral health program developed by the California Department of Health Care Services in collaboration with Kooth. Soluna provides youth and young adults (ages 13 – 25) with immediate access to a comprehensive mental health toolkit, community support, resources, journaling, and personal coaching – all at no cost to the user, their parents, or their school.
 - solunaapp.com
 - [instagram.com/soluna.app](https://www.instagram.com/soluna.app)
 - Instagram @soluna.app

Straight Talk Counseling

- The mission of Straight Talk Counseling is to make available a variety of mental health, substance abuse, and rehabilitative services to individuals and families in need, for whom access or utilization of such services is limited, restricted or otherwise unavailable.
 - straighttalkcounseling.org
 - [instagram.com/straighttalkcounseling](https://www.instagram.com/straighttalkcounseling)
 - Instagram: @straighttalkcounseling
 - Low cost

The GREEN Foundation

- The Foundation's mission is to uncover new opportunities and encourage growth to effect positive change within institutions that best reflect our focus areas and the communities they serve.
 - ligf.org

Thrive Together OC

- Thrive Together OC strives to build resilience and improve outcomes for youth at risk for psychosis through family-focused, evidence-supported, compassionate, and inclusive services.
 - thrivetogetheroc.org

Titan Radio

- Titan Radio is California State University, Fullerton's official student-led radio station. From the 2000s till now, Titan Radio has committed to producing a creative outlet for a vast array of voices, with content ranging from music to talk shows.
 - titanradio.org
 - titan.com//Fullerton.edu
 - [instagram.com/titanradio](https://www.instagram.com/titanradio)
 - Instagram: @titanradio

CSUF TitanWELL

- TitanWELL is responsible for the promotion of healthy choices and behaviors amongst our diverse Titan community. Through individual consultations, group presentations, outreach events, and peer-to-peer education, we're here for you.
 - fullerton.edu/titanwell
 - [instagram.com/csufftitanwell](https://www.instagram.com/csufftitanwell)
 - Instagram: @csufftitanwell
 - Free services

CSUF TitanTHRIVE

- Confidential Advocacy Services is a campus resource focused on: advocacy for students, faculty, and staff impacted by sexual violence; raising awareness of sexual violence as a cultural, social, and individual experience; and, supporting the development of a community of care across campus. We are dedicated to a trauma-informed and survivor-centered approach in all of our services and programming.
 - fullerton.edu/titanthrive
 - [instagram.com/csufftitanthrive](https://www.instagram.com/csufftitanthrive)
 - Instagram: @csufftitanthrive
 - Free services