

Art of Wellness

Join us for a relaxing, fun, creative wellness activity

Schedule

Spring 2024

- 2/14 Zentangles
- 2/21 Kindness Rocks
- 2/28 Positive Collaging
- 3/6 Clay Play
- 3/13 Make Your Mark
- 3/27 Create a Postcard
- 4/10 Blackout Poetry
- 4/17 Coloring for Adults



Wednesdays, 12-1:15PM Titan Hall 3rd Floor

(657) 278-3040 | fullerton.edu/caps