Allied Health Academy
A Health Careers Opportunity Program (HCOP)

Health Professions Exposed: Get Involved with Allied Health Academy
March 18, 2020
Pam Secada, MPH (she/her/hers)

• First generation college graduate
• Education
  – CSUF: Anthropology/Chicana/o Studies
  – UCLA: Masters of Public Health
  – USC: Doctorate of Education
    • Organizational Change and Leadership
• Professional experience
  – Operations/Management
  – Project Management
• My ‘Why’
• Fun Facts
  – Love to travel
  – Enjoy exploring fun new local places
Allied Health Academy Team

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Allied Health Academy Team

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Orange County is a Minority-Majority Region

- White, Non-Hispanic: 41.4%
- Hispanic or Latino: 34.2%
- Asian: 19.5%
- Black or African American: 1.6%
- American Indian and Alaska Native: 0.2%
- Native Hawaiian and other Pacific Islander: 0.3%
- Two or more races: 2.7%
- Some other race: 0.2%

Source: U.S. Census Bureau, 2013-2017 American Community Survey 5-Year Estimates
OC has Diverse Language Needs

- About 2 out of 5 Latinos (42%) and Asian Americans (38%) are limited English proficiency.
- Vietnamese (91%) and Cambodian Americans (80%) are most likely to speak a language other than English.
- Nearly half (46%) of Samoan Americans speak a language other than English at home.

<table>
<thead>
<tr>
<th>Language</th>
<th>Speakers in OC</th>
</tr>
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<tbody>
<tr>
<td>Spanish</td>
<td>777,308</td>
</tr>
<tr>
<td>Vietnamese</td>
<td>178,479</td>
</tr>
<tr>
<td>Pacific Island Languages</td>
<td>8,324</td>
</tr>
<tr>
<td>Khmer</td>
<td>5,678</td>
</tr>
<tr>
<td>Laotian</td>
<td>2,262</td>
</tr>
<tr>
<td>Hmong</td>
<td>313</td>
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</tbody>
</table>
What are some health issues in your community?
Health Equity and Disparities

• Health equity: attainment of the highest level of health for all people.

• Health disparity: A particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage.
Health Equity Video
Community Health Issues

• Public health
  – Cancer
  – Heart disease

• Mental health
  – Mental, emotional, or substance abuse problems
  – Post-traumatic stress disorder (PTSD)
  – Depression
  – Suicide rates
Community Health Issues

• Environmental & occupational health
  – Exposure to toxic chemicals and ergonomic pain
  – Job-related deaths

• Communicative disorders
  – Hearing loss
  – Speech/language impairment
## Areas of Health

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Allied Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Diagnose illnesses</td>
<td>• Deliver services involving</td>
</tr>
<tr>
<td>• Prescribe and treat people suffering from injury or disease</td>
<td>• identifying, evaluating, and preventing diseases and disorders;</td>
</tr>
<tr>
<td>• Focuses more on illnesses and conditions <em>after</em> they occur</td>
<td>• dietary and nutrition services;</td>
</tr>
<tr>
<td></td>
<td>• and rehabilitation and health systems management</td>
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<td>• 60% of the health workforce</td>
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</tbody>
</table>
What are allied health and other health careers?

- **Mental Health**
  - Social workers
  - Counselors

- **Allied & Other Health Professions**
  - Physical therapists
  - Occupational therapists
  - Speech therapists
  - Health educators
  - Environmental scientists
  - Occupational health specialists
  - Epidemiologists

- **Rehab Therapy**

- **Public Health**
What is the Allied Health Academy?
## Allied Health Academy Programs

### Undergraduate Trainees
- Monthly check-ins with Case Managers
- Peer mentoring
- Mandatory retreats (3 per/year)
- Student Organization Involvement (20 hours per year)
- Course Requirements
- Health Professions Advising
- Free GRE test prep course

### Grad Student Ambassadors
- Monthly check-ins with Case Managers
- Peer mentoring
- Mandatory retreats (3 per/year)
- Grad level course requirements
- Maintain good standing with the University
- $7,000 per year (up to 2 years)
## Allied Health Academy Summer Programs

<table>
<thead>
<tr>
<th>Pre-Matriculation Program</th>
<th>Summer Research Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 4-week training program to increase readiness for graduate school-bound students</td>
<td>• 6-week research training program for community college students and CSUF junior and seniors interested in allied health.</td>
</tr>
<tr>
<td>• Ease transition into grad school</td>
<td>• Gain research skills</td>
</tr>
<tr>
<td>• Improve writing skills</td>
<td>• Professional and leadership development</td>
</tr>
<tr>
<td>• $1,500 stipend upon completion</td>
<td>• Increase competitiveness for graduate school</td>
</tr>
<tr>
<td>• Date: TBD</td>
<td>• Up to $2,150 stipend upon completion</td>
</tr>
<tr>
<td></td>
<td>• Date: TBD</td>
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</tbody>
</table>
Minimum Eligibility Requirements

• Interested in pursuing a career in allied health
• Currently enrolled with junior (60-89 units) or senior (90+ units) standing.
• U.S. Citizen, non-citizen national, or foreign national who possesses a visa permitting permanent residence in the United States.
• From an economic **OR** educationally disadvantaged background:
  – Economically: Low-income background.
  – Educationally: First generation college student **OR** from a racial or ethnic group underrepresented in graduate education.