

HOW TO PREPARE FOR YOUR APPOINTMENT



Bring a photo ID and your insurance card*



Know your CWID



Please be on time—allow a few minutes for the check-in process



Plan for the visit to last an hour, or 90 minutes if it's a first visit at CAPS.

Avoid a ticket—don't park in a 30 min spot



Prepare a list of questions for the provider^



Know your current medications and list of allergies

* *In case of referrals*

^ *To help prioritize your needs*