

Join the White House Conference on



# Hunger, Nutrition, & Health, 2022

**CSUF**  
**Satellite Event**  
**SAVE THE DATES:**



**SEPT 26 -  
SEPT 30**

**Discuss hunger, nutrition and health issues in your class during the week**

**SEPT 28**

**Live stream the White House conference in your class or your community**

**OCT 6**

**Attend the CSUF symposium (in-person) and get involved in ending hunger and improving nutrition and health**

**For more information visit [UROC-White House event page](#)**

**For questions, contact us at [UROC@fullerton.edu](mailto:UROC@fullerton.edu)**

**Follow us on [Twitter](#) and [Instagram](#) @CSUFUROC**

**SPONSORED BY: Undergraduate Research Opportunity Center (UROC)**  
**In collaboration with faculty from Anthropology, Public Health, and Liberal Studies**



## Suggested discussion questions for your class:

During the week of Sept 26 - Sept 30 discuss the following questions in your class:

- 1.** How has hunger or diet-related disease impacted you, your family, or your community?
- 2.** What programs can you, your family, or your community participate in or create to address hunger and diet-related diseases?
- 3.** What specific actions can you and your community take to achieve the goals of each of the 5 pillars (see next page)?
- 4.** What are opportunities for public and private-sector partners to work together to achieve the goals of each pillar?
- 5.** What steps would you like to see the government take to address these issues?

**For additional ideas see the [White House conference toolkit](#)**

**For questions, contact us at [UROC@fullerton.edu](mailto:UROC@fullerton.edu)**



# The White House conference on hunger, nutrition, & health Conference Pillars:

To end hunger and increase healthy eating and physical activity to reduce diet-related diseases and disparities, the White House has specified areas of action in five pillars:

- 1. Improve food access and affordability:** End hunger by making it easier for everyone — including urban, suburban, rural, and Tribal communities — to access and afford food. For example, expand eligibility for and increase participation in food assistance programs and improve transportation to places where food is available.
- 2. Integrate nutrition and health:** Prioritize the role of nutrition and food security in overall health, including disease prevention and management, and ensure that our health care system addresses the nutrition needs of all people.
- 3. Empower all consumers to make and have access to healthy choices:** Foster environments that enable all people to easily make informed healthy choices, increase access to healthy food, encourage healthy workplace and school policies, and invest in public messaging and education campaigns that are culturally appropriate and resonate with specific communities.
- 4. Support physical activity for all:** Make it easier for people to be more physically active (in part by ensuring that everyone has access to safe places to be active), increase awareness of the benefits of physical activity, and conduct research on and measure physical activity.
- 5. Enhance nutrition and food security research:** Improve nutrition metrics, data collection, and research to inform nutrition and food security policy, particularly on issues of equity, access, and disparities.

**Visit the [White House conference pillars](#) for more information**  
For questions, contact us at [UROC@fullerton.edu](mailto:UROC@fullerton.edu)



# CSUF Satellite Event:

## Get Involved in Ending Hunger and Improving Nutrition and Health

The White House Conference - CSUF Satellite Event Agenda

**Date:** October 6th, 2022

**Time:** 1:00pm – 3:30pm

**Location:** LH 308

### Welcome:

1:00 PM - 1:10 PM Opening remarks and introductions - **Dr. Archana McEligot, UROC Director and Professor, Public Health**

### Session 1: Research related to Hunger, Nutrition and Health

**Chair(s): Dr. Pimbucha Rusmevichientong**

1:10 PM Chair's remarks

1:15 PM Food Justice and the Environment - **Dr. April Bullock, Professor and Chair, Liberal Studies**

1:25 PM Food Insecurity & it's Effects on CSUF Students - **Dr. Tabashir Nobari, Professor, Public Health**

1:40 PM Food Choices – an Economics Perspective - **Dr. Pimbucha Rusmevichientong, Professor, Public Health**

**1:55PM Floor discussion**

### Session 2: Service and Resources

**Chair(s): Drs. April Bullock and Sara Johnson**

2:10 PM Chairs' remarks

2:15 PM Urban, Agriculture, Community-based Research Experience (U-ACRE) - **Dr. Sara Johnson, Professor of Anthropology**

2:30 PM Centers for Internship and Community Engagement

2:45 PM Tuffy Basic Needs - **Victoria Ajemian, Tuffy's Basic Needs Services Center Coordinator**

3:00 PM ASI CSUF Food Pantry - **Kristen Johansson, The Pantry Graduate Assistant**

**3:15 PM Floor Discussion**

**3:25 PM Closing Remarks - Dr. April Bullock, Professor and Chair, Liberal Studies**

**\*Group pictures will be taken during the session.**

**RSVP for the event by completing the registration form**

**For questions, contact us at [UROC@fullerton.edu](mailto:UROC@fullerton.edu)**

**SPONSORED BY: Undergraduate Research Opportunity Center (UROC)**  
**In collaboration with faculty from Anthropology, Public Health, and Liberal Studies**